

# Skate Canada Newfoundland and Labrador Coach Development Workshops

May 4-6, 2018, The Wilds at Salmonier River and CBS Arena



## Welcome

We look forward to welcoming you at The Wilds for informative sessions as the skating community in Newfoundland and Labrador comes together to share their knowledge and experience in a collaborative environment while contributing to the advancement of skating in our Province.

See you at The Wilds!

Lindsay Hillier  
Coaching Representative

Lori Brett  
Executive Director



## Keep Your Stars Shining!

Leader: **Monica Lockie**

The most current information on Skate Canada's plans for STARSkate for the 2018-2019 season. An opportunity to provide feedback and get the edge on planning for the season ahead!

## SCNL STAR Challenge!

Coming next season, a new and exciting event – The STAR Challenge offering skaters the opportunity to challenge themselves in Creative Improv, Individual and Team Element Events, Interpretive, Showcase, Skating Skills, STAR 1-3.





## Strictly Synchro!

We want to hear from you...your ideas, successes and challenges! We will be sharing the latest Synchro programming news and sharing our season experience in this session designed to continue to support the development of Synchro in Newfoundland and Labrador!

## Coach/Judge/Tech Panel Forum!

Let's get the conversation started and work together to improve skating in NL. This session will be a great time to explore thoughts and opinions from both coaches and officials in an effort to give our skaters the best opportunity to maximize their potential.



## STAR 1-5 – Tips for success?

Monica will lead this session and will give coaches an opportunity to discuss successes and challenges after the first year for the STAR 1-5 assessments. She will provide tips for improving and managing these sessions and give an idea on what is to come with the STAR 6-Gold program.